

Parasport and Adaptive Sport Programming in Durham





Applications Open!

Their Opportunity is proud to announce that applications are open for the Parasport Games Legacy Fund **Grant** in Partnership with Sport Durham



For more information, please email program@theiropportunity.com



Recommendations for Accessible Programming

- Advertising accessible programming.
- Building a clear and devoted section on their website.
- Clear and sustainable programming for all ages.
- Having up-to-date equipment.
- Having an accessible location.
- Identifying places where programming can be introduced to those interested.
- Letting people know that financial assistance is available.

Sports Offered

Athletics (Track and Field)

Available at:
Abilities Centre
Address: 1 Jim Flaherty St, Whitby, ON
L1N 0J2

Contact
Phone: 905 665 8500
Email: services@abilitiescentre.org

Eclipse Track and Field
Address: 200 Clarington Blvd,
Bowmanville, ON L1C 0V9

Contact
Phone: 905 809 4888
Email: info@eclipsetrackandfieldclub.ca

Available at:
[Greater Durham Special Olympics](#)
[St Mary Catholic Secondary School](#)
Address: [1918 Whites Rd, Pickering, ON](#)
[L1V 1R9](#)

Contact
Email:
greaterdurham.registrar@specialolympicsontario.ca

Archery

Available at:
Archery 2 You
Address: 60 Celine St, Oshawa ON L1H
4N2

Contact
Email: info@archery2you.ca

Baseball

Available at:
Whitby Challenger Baseball
Address: 50 Willow Park Dr, Whitby, ON
L1N 3N5

Contact
Phone: 416 550 1883
Email: durhamregionchallengers@hotmail.ca

Basketball

Available at:
Greater Durham Special Olympics
Bolton C. Falby Public School

Durham (Ajax) Flames Low D Basketball
(New athletes enroll in this program)
Durham (Ajax) Heat C Basketball
(Returning players only)
Durham (Ajax) Phoenix High D Basketball
(Returning Players only)
Address: 80 Falby Ct, Ajax, L1S 1N4

Contact
Email:
greaterdurham.registrar@specialolympicsontario.ca

Bowling

Available at:
Greater Durham Special Olympics
Durham High Rollers 5 Pin Club
Ajax 5 pin Bowling Centre:
Address: 172 Harwood Ave S, Ajax ON
L1S 2H

Contact
Emails:
[Shelly Chatterton \(sfeetham@outlook.com\)](mailto:sfeetham@outlook.com)
[Doug Boyd \(douglasboyd@rogers.com\)](mailto:douglasboyd@rogers.com)
[Lori Boyd \(loretta.boyd@rogers.com\)](mailto:loretta.boyd@rogers.com)

Sports Offered

Bowling cont'd

Available at:
Greater Durham Special Olympics
Oshawa Otters 10 Pin Bowling
Leisure Lanes
Address: 728 Champlain Ave, Oshawa, ON
L1J 6W8

Contact
Email:
[Colette Stuart \(info@stuartgroup.ca\)](mailto:info@stuartgroup.ca)
[Cathy Minz \(cathyminz@gmail.com\)](mailto:cathyminz@gmail.com)

Precious Minds
Super Strikers Bowling
Uxbridge Bowl
Address: 69 Brock St W 2nd Floor, Uxbridge

Contact
Phone: 905 982 0882
Email: erunnalls@preciousminds.com

Canoe / Kayak

Available at:
Pickering Rouge Canoe Club
Address: 195 Rouge Hills Dr, Scarborough,
ON M1C 2Y9

Contact
Email: info@pickeringrouge.ca

Equestrian

Available at:
WindReach Farm
Address: 312 Townline Rd, Ashburn, ON
LOB 1A0

Contact
Phone: 905 655 5827
Email: information@windreachfarm.org

Figure Skating

Available at:
Ajax Figure Skating Club
Ajax Community Centre
Address: 75 Centennial Rd, Ajax (Pad 2)

Contact
Email:
greaterdurham.registrar@specialolympicsontario.ca

Fitness

Available at:
Abilities Centre
Address: 1 Jim Flaherty St, Whitby, ON
L1N 0J2

Contact
Phone: 905 665 8500
Email: services@abilitiescentre.org

Floor Curling

Available at:
Abilities Centre
Address: 1 Jim Flaherty St, Whitby, ON
L1N 0J2

Contact
Phone: 905 665 8500
Email: services@abilitiescentre.org

Para Alpine Skiing

Available at:
CADS Durham Region – Brimacombe
Address: 4098 Regional Road 9, Orono,
ON L0B 1M0

Contact
Email: mailto:cads.schedule@gmail.com

Sports Offered

Rhythmic Gymnastics

Available at:
Greater Durham Special Olympics
Durham Shooting Stars - RG Club
Durham Shooting Stars - Competitive (RG)
Bolton C. Falby Public School
Address: 80 Falby Ct, Ajax, L1S 1N4

Contact
Email: donnaedwards@bell.net

Rowing

Available at:
Durham Rowing Club
Address: 8 Old Rail Ln, Port Perry, ON L9L 1A3

Contact
Phone: 905 809 2426
Email: durhamrowingclub@gmail.com

Rugby

Available at
Oshawa Vikings Rugby Club
Address: 110 Raglan Rd W, Oshawa, ON L1H 7K4

Contact:
Phone: 905 985 5589
Facebook group:
<https://www.facebook.com/groups/vikingsrugbymixedability>

Running

Available at:
Abilities Centre
Address: 1 Jim Flaherty St, Whitby, ON L1N 0J2

Contact
Phone: 905 665 8500
Email: services@abilitiescentre.org

Skating

Available at:
Greater Durham Special Olympics
Ajax Rising Stars Learn-To-Skate
Durham Gliders Speed Skating Club
Ajax Community Centre
Address: 75 Centennial Rd, Ajax

Contact
Email:
John Goswell (goswell@me.com)
Susan Heldsinger (susanheldsinger@rogers.com)
Joan Henry (jphenry2871@rogers.com)

Sledge Hockey

Available at:
Iroquois Park
Address: 500 Victoria St W, Whitby, ON L1N 9G4

Contact
Phone: 905 668 7765
Email: durhamsteelhawks@gmail.com

Soccer

Available at:
Pickering Football Club
Address: 1975 Clement Rd, Pickering, ON L1W 4C2

Contact
Phone: 905 831 9308
Email: info@pickeringfc.ca

Sports Offered

Softball

Available at:
Greater Durham Special Olympics
Durham Dodgers Softball Club
Westney Heights Public School
Address: 45 Brennan Rd, Ajax, ON L1T
1X5

Contact
Email:
Tania Pearce (tampear@hotmail.com)
Sean Pearce (sspearce@hotmail.com)

Sitting Volleyball

Available at:
Abilities Centre
Address: 1 Jim Flaherty St, Whitby, ON
L1N 0J2

Contact
Phone: 905 665 8500
Email: services@abilitiescentre.org

Speed Skating

Available at
Greater Durham Special Olympics
Durham Gliders Speed Skating Club
Ajax Community Centre
Address: 75 Centennial Rd, Ajax (Pad 2)

Contact:
Email:
greaterdurham.registrar@specialolympicsontario.ca

Swimming

Available at:
Precious Minds
Fitness Zone Swim
UxPool
Address: 1 Parkside Drive, Uxbridge

Contact
Email:
Bonnie Morris (pborris@sympatico.ca)
Pat Morris (pat@grantagg.com)
Duncan LeBlanc
(duncanleblanc24@gmail.com)
Linda Cook (AVENGER_LC@hotmail.com)

Available at:
Greater Durham Special Olympics
Durham Dolphins Swimming Club
Donevan Pool
Address: 171 Harmony Rd S, Oshawa

Contact
Email:
Doug Boyd (douglasboyd@rogers.com)

Wheelchair Basketball

Available at:
Abilities Centre
Address: 1 Jim Flaherty St, Whitby, ON
L1N 0J2

Contact
Phone: 905 665 8500
Email: services@abilitiescentre.org